

# MN Valley Martial Arts Fall Class Schedule

Effective September 7th, 2010

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Little Ninja's	5:15 pm	6:15 pm	5:15 pm	6:15 pm		10:15 am	
White - Green	5:15 pm		5:15 pm			10:15 am	
Purple - Black		5:15 pm		5:15 pm		11:00 am	
Kukkiwon TKD		5:15 - 6:00		5:15 - 6:00			
JKD		6:00 - 7:00		6:00 - 7:00			
Wushu	6:00 pm		6:00 pm				12:00 pm
Kettlebell		8:00 pm		8:00 pm			
Kickboxing	7:00 pm	7:00 pm	7:00 pm	7:00 pm		8:00 am	
Boot Camp	7:00 - 8:30pm	7:00 pm 8:00 pm	7:00 - 8:30 pm	7:00 pm 8:00 pm	6:00 - 7:30 pm		
Yoga			6:00 pm			8:45 am	

Revision 8/25/10